1. Download “Anaconda Navigator” from <https://www.anaconda.com/distribution/>

with corresponding OS.

1. Install and launch “Anaconda Navigator”.
2. Click “Environment” on the left column.
3. “Create” a new environment: enter “name” and choose Python 3.7.
4. Install 5 packages: numpy, scipy, matplotlib, scikit-learn, jupyter or spyder.
5. Launch “Jupyter--Notebook” at “Home” on the left column, and this will open the Internet launcher.
6. Click “New” and then “Python 3”and it can be edited to create file.